## Contact Lens Fitting & Evaluation Policies 2024



Patient Name:		Date:	
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Contact lenses are intended to help your vision. They are considered a medical device that can change the curvature of the eye and must be checked by an eye care professional. An annual examination is required in order to continue contact lens wear. A contact lens prescription expires one year after your last annual examination. Glasses are strongly recommended as a back-up if contact lenses are not available or if you experience an ocular infection or trauma.

A contact lens fitting and evaluation or re-fit is needed if a patient has no history of contact lens wear or if there is a need/desire to change the current contact lens. A contact lens evaluation may be performed prior to eye surgery to provide additional information for the calculations for intraocular lenses, to evaluate ocular health, and to determine the cause of decreased vision.

Soft contact lens fitting types:

- **Single vision** distance only fitting
- Specialty or Custom fitting: Toric fitting (allows you to see at distance and corrects astigmatism)
- Mono-vision fitting allows you to see with distance and near with one for each
- Multifocal allows you to see both distance and near with both eyes
- **Multifocal Toric** allows you to see distance, near and corrects astigmatism with both eyes
- Some Specialty and Custom lens trials require 3-weeks delivery time.

**Fittings for New Contact Lens Wearers:** New wearer fitting appointments are approximately one hour. The prospective wearer will be taught proper insertion, removal, cleaning, wear, and care of the lenses. We will confirm a proper fit and check visual acuity to ensure the best visual outcome. Trial lenses will be sent home to use for a trial period upon successful insertion and removal. If you are a new wearer of any custom or specialty lens, this fitting process usually requires more than the allotted hour and may require additional follow up appointments.

**Fittings for 18 and under:** Fittings can be challenging for children and teens. We need their full attention for the first portion of this appointment to get the best results. Your child will benefit most by attending this portion of the appointment without friends, siblings and parents ensuring there is not a distraction. Once we have completed the insertion and removal process successfully, parents are invited to join us while we educate about lens wear and care details.

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**All New Wearers:** Require a follow up appointment within 1-2 weeks after initial fitting to ensure the cornea remains healthy after contact lens wear, confirm proper fit, and ensure you have the best acceptable visual outcome and adjustments as needed.

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<b>Fittings for existing wearers</b> : When there are changes to your contact lens pres contact lens fitting is required. Sample lenses will be sent home to use for a trial up appointment may be needed to ensure the cornea remains healthy after contact confirm proper fit, and ensure you have the best acceptable visual outcome.	period. A follow
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Specialty or Custom fittings (New or Existing wearers): Includes toric, mono multifocal, toric-multifocal lenses, and hard lenses. These appointments general additional time and tend to be longer than the allotted hour. This additional time lenses to settle into place and/or for you to adapt to the different optics in any of	ly require allows the
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## **Risks:**

Contact lenses can provide many benefits, but they are not risk-free, especially if contact lens wearers don't practice healthy habits and take care of their contact lenses and supplies. If patients seek care quickly, most complications can be easily treated by an eye doctor. However, more serious infections can cause pain and even permanent vision loss, depending on the cause and how long the patient waits to seek treatment.

Symptoms of Eye Infection include:

- Irritated, red eyes
- Worsening pain in or around the eyes, even after contact lens removal
- Light sensitivity
- Sudden blurry vision
- Unusually watery eyes or discharge

Please remove your contact lenses immediately if you experience any of the above and contact your eye doctor for further assistance.

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Your eye care provider will determine the appropriate contact lens fitting and evaluation fee based on the contact lens power calculated during the initial assessment. This fee does not include the cost of the contact lenses. However, it does include additional follow up visits (if needed) up to 90 days after the initial fitting as well as trial contact lenses given at the appointment.

\*\*Eyecare Associates will submit the fee to your medical or vision insurance, but request payment at the time of service as the fitting fees are often not covered. This charge will be in addition to the comprehensive eye examination fee and will cover the initial contact evaluation as well as insertion and removal training.\*\*

Type of lens	New Patient	<b>Established Patient</b>
Soft Contact Lens	\$60	\$40
Toric Soft Contact	\$75	\$60
Multifocal/Mono vision	\$100	\$80
Gas Permeable Contact	\$125	\$100
Gas Permeable for medical treatment	\$150	\$150
SemiScleral	\$175	\$175
Keratoconus	\$175	\$175
Aphakic Contact Lens (one eye)	\$150	\$150
Aphakic Contact Lens (both eyes)	\$175	\$175

Patient Signature:	Date: